

Community Courses

Course	Modules Available	Length (w/6:1 student: instructor ratio)	Description	Audience	Student Materials	Instructor Materials	Card Type	Written Exam/ Skills Test
Heartsaver CPR in Schools	Adult/Child CPR and Choking <i>Optional:</i> Adult/Child AED Infant CPR and Choking Adult/Child CPR With Mask Infant CPR With Mask	If teaching over multiple class periods, 6:1 student ratio does not apply. CPR only: 3 hours approx. 2 hours without Infant CPR With AED: 3 hours, 45 minutes approx. 2 hours, 45 minutes without Infant CPR	The Heartsaver CPR in Schools Course, tailored to middle- and high-school students, teaches CPR and AED use, relief of choking in adults and children, and infant CPR and relief of choking.	For middle- and high-school students seeking a credential in CPR and AED.	<i>Heartsaver CPR in Schools Student Workbook</i> (80-1045) Heartsaver Student CD Adult CPR & AED Reminder Child & Infant CPR & AED Reminder	<i>Heartsaver and Family & Friends Instructor Manual</i> (80-1077) Heartsaver and Family & Friends Instructor CD Heartsaver CPR in Schools DVD (80-1047) or VHS (80-1046) Heartsaver Posters (80-1065) AHA Instructor Stopwatch (80-1018)	Heartsaver CPR in Schools Course Completion Card	Skills Test
Family & Friends CPR	Adult/Child CPR and Choking <i>Optional:</i> Infant CPR and Choking	2½ hours approx. 1 hour, 15 minutes without Infant CPR Infant Only: 1 hour, 15 minutes approx.	The Family & Friends CPR program teaches how to perform CPR in adults, children, or infants and how to help an adult, child, or infant who is choking.	Family members, friends and members of the general community who want to learn CPR but do not need a course completion card. This program also can be a non-credentialed option for middle- and high-school students.	<i>Family & Friends CPR Student Book</i> (80-1027) Adult CPR Reminder Infant & Child CPR Reminder	<i>Heartsaver and Family & Friends Instructor Manual</i> (80-1077) Heartsaver and Family & Friends Instructor CD Family & Friends CPR DVD (80-1031) or VHS (80-1030) Heartsaver Posters (80-1065)	Participation Card	None
Family & Friends First Aid for Children	Child First Aid and Environmental Emergencies	45 minutes approx.	The new Family & Friends First Aid for Children program teaches how to manage illness and injuries in a child for the first few minutes until professional help arrives. This program covers such topics as preventing injuries, recognizing and treating basic first aid emergencies, and relief of choking in infants and children.	For those caring for infants and children, such as family members, babysitters, and others providing in-home care, who want basic first aid information but who do not need a course completion credential.	<i>Family & Friends First Aid for Children Student Book</i> (80-1034)	<i>Heartsaver and Family & Friends Instructor Manual</i> (80-1077) Heartsaver and Family & Friends Instructor CD Family & Friends First Aid for Children DVD (80-1032) or VHS (80-1033)	Participation Card	None