

Health & Safety/Workplace Courses

Course	Modules Available	Length (w/6:1 student: instructor ratio)	Description	Audience	Student Materials	Instructor Materials	Card Type	Written Exam/ Skills Test
Heartsaver CPR	Adult/Child CPR and Choking <i>Optional:</i> Infant CPR and Choking Adult Child CPR With Mask Infant CPR With Mask	3 hours approx. 2 hours without Infant CPR	The Heartsaver CPR Course teaches CPR and relief of choking in adults and children, and infant CPR and relief of choking, and use of barrier devices for all ages.	For those who have a duty to respond to a cardiac emergency because of job responsibilities or regulatory requirements.	<i>Heartsaver CPR Student Workbook</i> (80-1021) Heartsaver Student CD Adult CPR Reminder Child & Infant CPR Reminder	<i>Heartsaver and Family & Friends Instructor Manual</i> (80-1077) Heartsaver and Family & Friends Instructor CD Heartsaver CPR DVD (80-1023) or VHS (80-1022) Heartsaver Posters (80-1065) AHA Instructor Stopwatch (80-1018)	Heartsaver CPR Course Completion Card	Skills Test
Heartsaver AED	Adult/Child CPR With Mask and Choking Adult/Child AED <i>Optional:</i> Infant CPR With Mask and Choking	3½ hours approx. 2½ hours without Infant CPR	The Heartsaver AED Course teaches CPR, AED use, relief of choking in adults and children, and infant CPR and relief of choking, and use of barrier devices for all ages.	For those who have a duty to respond to a cardiac emergency because of job responsibilities or regulatory requirements.	<i>Heartsaver AED Student Workbook</i> (80-1024) Heartsaver Student CD Adult CPR & AED Reminder Child & Infant CPR & AED Reminder	<i>Heartsaver and Family & Friends Instructor Manual</i> (80-1077) Heartsaver and Family & Friends Instructor CD Heartsaver AED DVD (80-1026) or VHS (80-1025) Heartsaver Posters (80-1065) AHA Instructor Stopwatch (80-1018)	Heartsaver AED Course Completion Card	Skills Test
Heartsaver First Aid	Adult First Aid <i>Optional:</i> Environmental Emergencies Adult/Child CPR With Mask Adult/Child AED Infant CPR With Mask	<u>All modules:</u> 7½ hours approx. 6½ hours without infant CPR <u>First Aid only:</u> 3½ hours approx.	The Heartsaver First Aid Course teaches how to manage illness and injuries in the first few minutes until professional help arrives. Course content includes General Principles, Medical Emergencies, and Injury Emergencies. Optional topics include CPR and AED, and Environmental Emergencies.	For those who have a duty to respond to a first aid or cardiac emergency because of job responsibilities or regulatory requirements.	<i>Heartsaver First Aid With CPR and AED Student Workbook</i> (80-1058) OR <i>Heartsaver First Aid Student Workbook</i> (80-1042) Heartsaver Student CD Heartsaver First Aid Quick Reference Guide (80-1057) Adult CPR & AED Reminder (only included with 80-1058) Child & Infant CPR & AED Reminder (only included with 80-1058)	<i>Heartsaver and Family & Friends Instructor Manual</i> (80-1077) Heartsaver and Family & Friends Instructor CD Heartsaver First Aid Video DVD (80-1044) or VHS (80-1043) Heartsaver Posters (80-1065) AHA Instructor Stopwatch (80-1018)	Heartsaver First Aid Course Completion Card	Written Test (First Aid) Skills Test (CPR and AED)